

“Get It Done” Support Program for High School Students

A 6-week coaching support program for high school students (Gr. 9-12) to learn skills and work habits essential for school success. Learn critical executive functioning skills, including task prioritization, task initiation, task persistence, organization, and emotional management.

Using a coaching-based model, we work collaboratively with students in 1-1 and small groups to identify skill barriers and develop a plan of action.

Program led by Dr. Colin King, Psychologist, with the support of Psychology Graduate Student Clinicians.

<u>When:</u>	Thursday (3:30pm – 4:45pm) Beginning <u>November 13</u> to <u>December 18</u>
<u>Where:</u>	Mary J. Wright Child and Youth Development Clinic (Faculty of Education; Althouse College) 1137 Western Road, London ON N6G 1G7 Parking: Complimentary parking available directly in front of the Mary J. Wright Child and Youth Development Clinic.
<u>Cost:</u>	\$250 for the 6 Week Program Financial assistance is available for families
<u>Register & Learn More:</u>	Register at www.mjw-cydc.uwo.ca or https://bit.ly/Get-It-Done-Program You can also email or call Tiffany Trudgeon at: cydc@uwo.ca (519-661-4257)